

Sainsbury's
Active Kids
supporting

THE BIG
ADVENTURE..



Help us
change
lives this
summer.
...Guide for leaders



CAMPING TIPS

Any camp or event taking place between May and September 2011 can be part of The Big Adventure simply by inviting parents or other adults to help out.

Offering parents a defined role using skills they already have is an easy way to show how they can volunteer. A parent rota or sign-up sheet can be used to help support weekly meetings, an activity, a camp or other residential experiences.

- ➔ You can use the rota/sign-up sheet to:
 - Increase the number of adults at a weekly section meeting by inviting parents to attend once a month or term.
 - Benefit from the skills of a whole range of parents to complete tasks.
 - Split one large role into smaller chunks to help make it more doable by potential volunteers.

- ➔ Before starting your rota:
 - Which role would suit them best?
 - What would they be good at?
 - What skills do they have?
 - What can they bring to the event?
 - What time commitment are they willing to make?

- ➔ They will need to complete an Occasional Helper (OH) form if:
 - They are helping out more than once a month.
 - They may have unsupervised access to young people.
 - They are helping with an overnight activity.
 - They are handling money, for example, collecting subs or camp fees.

- ➔ What do they need to know?
 - 'Young People First' code of good practise for adults (yellow card).
 - Dates for meetings, visits or camps.
 - What they need to wear.
 - How much it will cost.
 - How to behave around their own child or children.
 - When and for how long you want their help at the event.

SOME ROLES

There are many things to consider as a leader, so make time to talk to the parents of the young people in your section or Group, find out what skills they have and where they could support you.

Camp Treasurer –

The camp treasurer is important before, during and after the event: a camp needs expenses paid, money collected and banked, and insurance cover. The Camp Treasurer could also be needed during the event for example to run the camp bank.

Lodge, Six or Patrol Supervisor –

During the event, This person will be teamed up with a Six or Patrol. Not only will the young people get a chance to work with them and benefit from some direct support, they will be able to experience most of the things the young people get up to and see how much they get out of the event.

First aid team –

If a few parents have a basic first aid certificate or equivalent, they could work together to provide the first aid cover for the camp. First aiders are a vital part of the team before, during and after the event. Preparation work, for example, includes making sure first aid equipment is available and that all young people provide details of any medication they are taking, or any allergies they may have.

Cooking team –

As part of a team on camp, preparing food can be a lot of fun. A rota system will also allow everyone to do other activities as well as cooking.

Activities Team –

This team would be responsible for coordinating a fun-packed programme of activities for the young people attending the camp or residential experience. This could include booking adventurous activities such as climbing or canoeing, or craft activities such as a film or photo album of camp, or a nature collage.

Top tips...

- Don't forget to use the Steve Backshall Wild Cards, available on The Big Adventure website.
- Make sure you give those supporting your Big Adventure a copy of the Little Guide to The Big Adventure and recipe cards.
- Encourage parents to follow The Scout Association on Facebook/Twitter for regular tips to support their involvement in The Big Adventure.